



British International School of NY Lunch Menu



9-13 May

Week 2	Mystery Monday	Tasty Tuesday	World Wide Wednesday	Terrific Thursday	Finger Food Friday	<p>Salad Bar available daily includes: Lettuce, variety of fresh seasonal, raw & steamed vegetables and toppings, carrot & celery sticks.</p> <ul style="list-style-type: none"> ◆ 2% milk (growth hormone free) Cottage cheese, & yogurt available daily. ◆ Chef's choice additional vegetable and composed salad available daily. All meals are cooked from scratch using daily fresh, natural ingredients
Soups of the day	Vegetable Dumpling Soup	Chicken Noodle Soup	Garden Bean Soup	Split Pea Soup	Corn Chowder Soup	
The Main Event	Chicken Tenders	Mac & Cheese	Baked Potato Bar with Sour cream and fixings	Turkey Burger	Sandwich selections: Ham, Turkey, Tuna	
Vegetarian Entrée	Tofu Tenders			Veggie Burger	Cheese Sandwich	
To Go With	Potato Wedges				Potato Chips	
Veggie Delight	Corn	Broccoli			Pasta Salad	
Sandwich	Tuna Sandwich		Egg Salad Sandwich			
Delicious Dessert	Chopped Fruit Jell-o	Mini Muffins Chopped Fruit	Apple Crisp Yogurt Bar	Ice Cream Chopped Fruit	Shortbread Fresh Fruit	